

RICHARD KNIGHT

"My aim as an instructor is to teach students how to teach themselves, encouraging and inspiring impulses, curiosity and creativity. I try to draw out self-confidence and trust, so the student becomes independent, self sufficient and well-equipped to deal with any professional situation that the world might demand of them. I want to help students find themselves as performers organically. I focus on the three aspects of the self: mind, body and spirit, encouraging students to find their own body confidence, presence and focus in performance, and in life. My goal is to encourage joy within the work, so working hard becomes a passion that, in turn, helps the student convert their dreams into reality."

Richard originally trained as a Drama Specialist (B.Ed), then as an actor at LAMDA. He continued his training and worked with Jacques Lecoq, Philippe Gaulier and Antonio Fava. He teaches, directs and performs all over the world with his theatre company, Mime the Gap. His book of the same name, 'Mime the Gap – Techniques in Mime and Movement' is being published by Crowood Press in 2018. In 2014, Richard worked with Andy Serkis doing motion capture work for the physical vocabulary for Iron Man and Ultron for the film 'The Avengers: Age of Ultron,' 2015. He was also the personal mime tutor for Carey Mulligan for the feature film 'Suffragette,' and was a physical comedy consultant for the RSC's 'Arden of Faversham,' 2015. Richard has been a personal tutor for Ben Cohen and Kristina on 'Strictly Come Dancing' in 2013 as well as a Body Language expert for James May's 'Man Lab' for the BBC. He has also taught Physical Comedy at The National Theatre and been a slow motion expert on Tim Burton's 'Sweeney Todd.' Richard has taught and performed all over the world - for the Royal Family of Dubai, Qatar and at Buckingham Palace. Other teaching merits include the Royal College of Music, Oxford and Cambridge Universities and many of the UK top drama schools.